

December 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

POZIERES HOUSE LEISURE & LIFESTYLE PROGRAM

Church Services

5th, 13th, 19th 27th in the Chapel @ 10.00am. Catholic Church Service Available on YouTube by request.

Anglican Services 6th & 20th DLH main hall @ 10.30am

Communion available on request

Catholic Mass Thursday 28th @ 10.00am in the Chapel

Daily movie Channel 101 10am & 2pm

4	5	6	7	8	9	10
<p>9:45am Exercises 10.30am Bingo 10.30am Christmas Tree decorating in Woy Woy Bay 1.30pm Ice cream Cart</p>	<p>9:45am Exercises 10.30am Floor Games 1.30pm Stand Balance Class 1:30pm Christmas tree decorating in Barrenjoey. 2pm Room support</p>	<p>Santa Photo's All Day</p>	<p>9:45am Exercises 10.30am Indoor Golf 10.30am Room Support 2pm Coffee and Chat</p>	<p>9:45am Exercises 10.30am Room Support 11.00am Ukulele Band 1.30pm Bingo 2pm Pamper sessions.</p>	<p>10.30am Christmas Tree decorating in Flanders Field 10.30am Garden walks 2pm Cooking 2pm room support</p>	<p>10.30am Christmas Tree decorating in Mt Wondabyne 2pm Christmas Craft with sue. 2.00pm Room Support</p>
<p>9:45am Exercises 10.30am Bingo 10.30am Wrapping Presents in Ocean Beach 1.30pm Ice cream Cart</p>	<p>9:45am Exercises 10:30am Christmas pick your topic. Christmas, pick a box. 10.30am Stand balance class. 1:30pm Floor Games. 2pm Room support</p>	<p>9:45am Exercises 10am Pet Therapy 10.30am Build a word 10.30am Christmas Baubles in Ocean Beach 1.30pm Happy Hour Cart</p>	<p>9:45am Exercises 10.30am Indoor Golf 10.30am Room Support 2pm Coffee and Chat</p>	<p>9:45am Exercises 10.30am Room Support 11.00am Ukulele Band 1.30pm Christmas Bingo 2pm Pamper sessions.</p>	<p>10.30am Table games 10.30am Garden walks 2pm Cooking 2pm room support</p>	<p>10.30am Christmas Story time 10.30am Games in OB 2pm Craft with sue. 2.00pm Room Support</p>
<p>9:45am Exercises 10.30am Christmas Bingo 10.30am Christmas craft 1.30pm Ice cream Cart</p>	<p>9:45am Exercises 10:30am Christmas Trivia / reminiscence 10.30am Stand balance class. 1:30pm Floor Games. 1.30pm 2pm Room support</p>	<p>9:45am Exercises 10am Pet Therapy 10.30am Build a word 10.30am Christmas Cards in OB 1.30pm The Polar Express train (Happy Hour)</p>	<p>9:45am Exercises 10.30am Indoor Golf 10.30am Room Support 2pm Coffee and Chat</p>	<p>Resident's Christmas Party Clair Hayes 10:30am (Christmas Special) Tempo terrific at 5pm Christmas Special</p>	<p>10.30am Table games 10.30am Garden walks 2pm Cooking 2pm room support</p>	<p>10.30am Christmas Carols 2pm Christmas Card making. 2.00pm Room Support</p>
<p>Christmas Day & gift giving</p>	<p>9:45am Garden Walks 10:30am Trivia / reminiscence 1:30pm Floor Games 1.30pm 2pm Room support</p>	<p>9:45am Exercises 10am Pet Therapy 10.30am Build a word 10.30am SONAS in OB 1.30pm Ice cream cart</p>	<p>9:45am Exercises 10.30am Indoor Golf 10.30am Room Support 2pm New Year's Coffee and Chat</p>	<p>9:45am Exercises 10.30am Room Support 11.30am New year Bingo 1.30pm New Year's Party 2pm Pamper sessions.</p>	<p>10.30am Table games 10.30am Garden walks 2pm cooking 2pm room support</p>	<p>10.30am Sunday News 10.30am Games in OB 2pm New year Happy Hour trolley</p>