

What's on THIS MONTH

| DATE | EVENT | TIME | LOCATION |
|--------------------|-------------------------------------|---------|--------------------------------------|
| Tuesday | International Coffee Day | 10:30am | Don Leggett House |
| Wednesday 2 | Hawkesbury Brewing Co Lunch Trip | 10:30am | All Residential Aged Care Invited |
| Thursday 3 | Oktoberfest Celebration | 10:45am | Pozieres House |
| Friday 4 | Oktoberfest Happy Hour | 2:00pm | Don Leggett House |
| Sunday 6 | Daylight Savings Starts | 2:00am | |
| Sunday 6 | NRL Grand Final | 4:00pm | All Houses |
| Tuesday 8 | Resident Relative Meeting | 2:00pm | Don Leggett House |
| Wednesday | Oktoberfest Happy Hour | 2:00pm | Pam Palmer House |

What's on THIS MONTH

| DATE | EVENT | TIME | LOCATION | | |
|------------------------|-------------------------------------|----------|--|--|--|
| Thursday 10 | Eileen 101st Birthday | 10:30am | The Tea House | | |
| Thursday 10 | Dashain Celebrations | All Day | All Houses | | |
| Tuesday 15 | Kitty Patterson's 100th Birthday | 10:30am | Pam Palmer House | | |
| Tuesday 15 | Resident Relative Meeting | 1:30pm | Pam Palmer House | | |
| Tuesday 15 | Tempo Terrific Dance | 2:00pm | Pam Palmer House | | |
| Wednesday 16 | Mitch in Concert | 1:30pm | Don Leggett House | | |
| Thursday | Ladies High Tea | 10:30am | Pam Palmer House All Houses invited | | |
| Monday 21 | Australian Bird Week | All Week | All Houses | | |
| Tuesday 22 | JW Tappers | 10:30am | Don Leggett House | | |

What's on THIS MONTH

| DATE | EVENT | TIME | LOCATION | | |
|----------------------|---|---------|---|--|--|
| Tuesday 22 | Resident Relative Meeting | 1:30am | Pozieres House | | |
| Thursday 24 | Breast Cancer Awareness Morning Tea | 10:45am | Pozieres House | | |
| Sunday 27 | Grandparents Day Morning Tea | 10:30am | Pam Palmer House Don Leggett House | | |
| Tuesday 29 | Breast Cancer Morning Tea Fundraiser | 10:30am | Pam Palmer House – all houses welcome | | |
| Thursday 31 | Halloween Morning Tea | 10:30am | Don Leggett House | | |
| Thursday | Hallowson Darty | 10:45am | Pozieres House | | |
| 3 1 | Halloween Party | 2:00pm | Pam Palmer House | | |
| Thursday 31 | Halloween Bingo | 2:00pm | Don Leggett House | | |

For all bus trips, please see the individual calendars for each House.

Community **EVENTS**



| DATE | EVENT | TIME | LOCATION |
|-----------------------|--|--------------------|--|
| Every Tuesday | Sids Barber Shop Ettalong – Tuesday Morning Special - \$20 cut and hot towel | 9:00am- 12:00pm | 410-412 Ocean View Rd, Ettalong Beach |
| Every Sunday | Gosford City Farmers Markets | 7:00am- 1:00pm | Gosford Showground |
| Tue-Sun 1-6 | Life's a Beach - Coastal Twist Festival | | Umina Beach Skate Park, Sydney Ave, Umina Beach |

Community **EVENTS**

| Tuesday | Woven wall hangings workshop | 10am | Umina Library, West Street, Umina Beach |
|----------------------|---|-------------------|--|
| Friday 4 | The Essential Paul Simon: Tribute Show with Vince Harris & Band | 8pm | Avoca Beach Theatre, Avoca Drive, Avoca Beach |
| Saturday 5 | Terrigal Beachside Markets | 9:00am- 3:00pm | Brick Wharf Road, Woy Woy |
| Thursday 10 | The Songtellers | | FunHaus Factory, Donnison St, Gosford |
| Sunday 13 | Woytopia sustainable living festival | | Woy Woy South Public School, The School Mall, Woy Woy |
| Sunday 20 | Umina Beach Markets | 9:00am- 2:00pm | Umina Surf Life Saving Club, Umina |
| Friday 25 | ChromeFest | | Marine Parade, The Entrance |

CEO REPORT

Hello and hoping you are all well?

What a fantastic September we have had here at Peninsula Villages, with a number of wonderful events and activities organised for our residents.

Dementia Action Week was a success – with the programs and educational talks from our Clinical, Memory Support and Lifestyle Teams engaging and interesting to all residents and family members.

I would like to notify you of a minor change to the monthly Resident and Relative Meetings, which are held for all three houses monthly. These meetings will now be run by the Facility, Catering and Lifestyle Managers relevant to each house, so that the questions you have and

information you receive are delivered by the professionals who manage these areas. These meetings are for our Residential Care residents exclusively. (Independent Living residents have a separate meeting.) Please see the section What's on This Month for upcoming dates of the next meetings.

The weather is warming up, so enjoy this beautiful Spring!

Kind Regards

Colin OsborneChief Executive Officer



Lifestyle & COMMUNITY

Spring certainly is here and I love seeing everyone outside enjoying the warmth of the sun. We have had a very exciting September with a jam-packed activity calendar.

It was wonderful to see all fathers celebrating Father's Day at Peninsula Villages with their loved ones and our staff. I hope you were able to enjoy the festivities.

During September, we had the Electoral Commission on site for the local election. The Federal election is coming up soon in early 2025, so we will have a full team here taking your votes once again.

Thank you to the Learning and Development Team and the Japanese students of Kobe Tokiwa University in Japan for organising a very special visit to our campus. The residents enjoyed a full day of origami, dancing and 'Katagana' calligraphy with the students.

We held an event to raise awareness of R U OK? Day with cupcakes and morning tea.

We held a full week of events for Dementia Action Week, run by the Clinical and Lifestyle team and driven by our passionate Memory Support Coordinator Linda and Facility Managers. There were informative talks and discussions, training for staff and residents, an outstanding Memory Care Connect BBQ in Don Leggett House and a fun scavenger hunt in Pozieres House. This week aims to raise awareness of dementia and teach how to understand and care for those living with dementia. An amazing week overall and we feel we have only scratched the surface of what is possible for our dementia care here.

October gets even better with Spring concerts, more bus trips, interactive fun activities like Oktoberfest, Bird Week, Grandparents Day and Halloween. The fun will continue as we lead up to our end of year Christmas celebrations. Watch this space!

Greg Patterson

Lifestyle & Community / Events Manager







Back in my day Podcast

Be a star on "Back in My Day" Podcast!

Your stories, your voice

Launching in July 2024, our new podcast features aged care residents as the stars of the show. Hosted by Edward Freeman, Co-Founder of E4 Recruitment, we capture cherished memories, share laughs, and hear valuable life lessons.

Share your amazing journey

We're looking for residents to share their life stories in a relaxed setting in the comfort of their home. Enjoy a yarn over coffee with Edward and relive your favorite moments.

Interested in taking part?

Email us at podcast@e4recruitment.com.au or let your facility staff know.

Last Month's News

DEMENTIA ACTION WEEK



From 16th–20th of September, Peninsula Villages got behind Dementia Action Week with our whole community. It was a fantastic week, filled with information, activities and plenty of smiles all around.

On 16th September in Pam Palmer House, the residents enjoyed an awareness talk by the Memory Support Coordinator, Linda Segrott, followed by an afternoon of activities and afternoon tea. On Wednesday 18 September, residents and families from all three buildings met in Don Leggett House main hall to have a dance and sing with the entertainer Mitch. This was followed by a presentation from the Facility Manager, Elissa, who provided informative facts regarding dementia, services available (internal and external) and how Peninsula Villages supports our residents living with dementia, including a slide show.

The presentations were followed by a BBQ for the residents of Lavender



Bend and Ocean Beach, and their families. On Friday 20th September, we finished the week in Pozieres House with a scavenger hunt of fact finding among the flowers, morning tea and activities. Throughout the course of the week, there were also many educational opportunities for the staff to gain a greater understanding and knowledge of caring for those with dementia.

With many residential aged care facilities opting to no longer have specialised dementia care beds, Peninsula Villages is proud to be able to offer this service to our community. We currently have 28 specialised dementia support beds in our two secure memory support

units, as well as supporting those residents living with dementia in our mainstream care areas. Through a multidisciplinary approach and collaboration, the team is able to develop individualised interventions, supports and strategies into a comprehensive plan to provide better quality of life and support for residents living with dementia. Every day, we set out to ensure quality engagement through activities and programs, to enrich the lives of our residents.

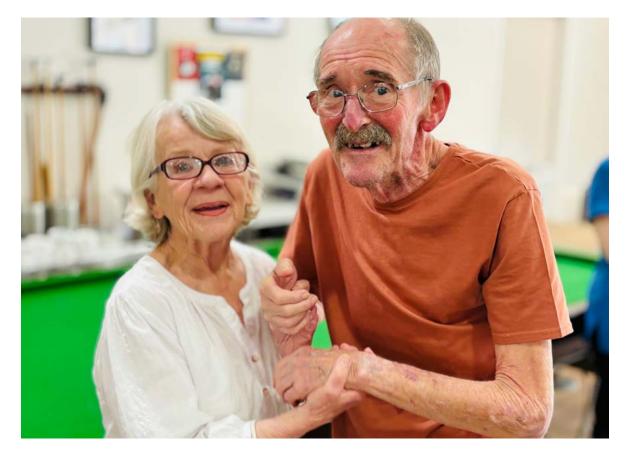
A big thank you to the team behind the scenes!

Elissa Bourke

Don Leggett House Facility Manager



DEMENTIA ACTION WEEK





DEMENTIA ACTION WEEK





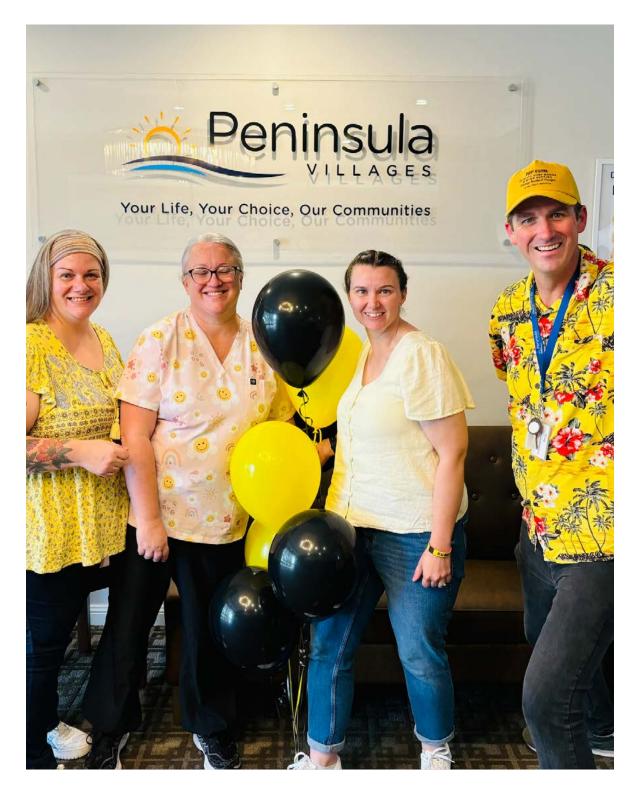
DEMENTIA ACTION WEEK





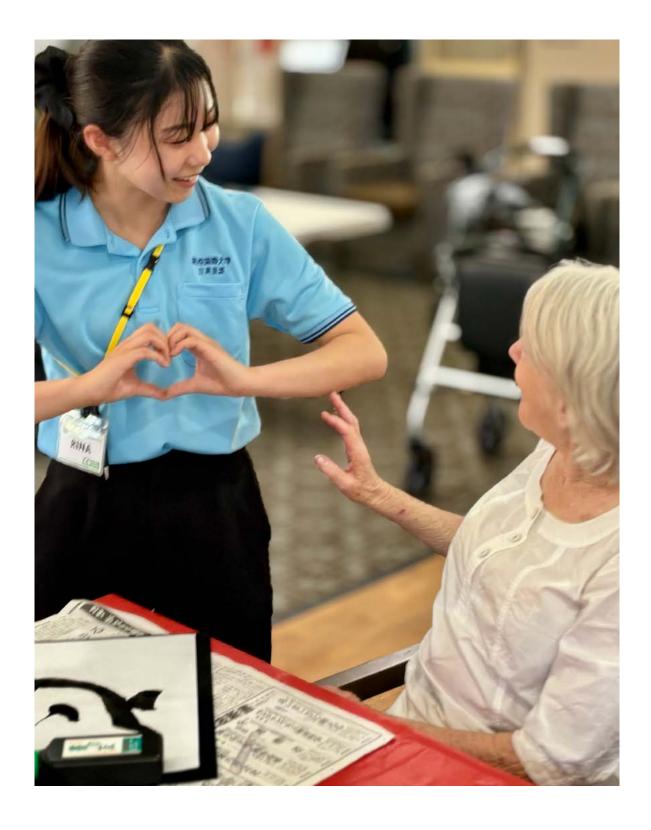
DEMENTIA ACTION WEEK





RUOK? DAY

What a fantastic #RUOK?DAY yesterday at Peninsula Villages. Residents, Staff and Volunteers loved the cupcakes and we had many wearing yellow.



JAPANESE EXPERIENCE

Our Learning and Development Department at Peninsula Villages, working alongside Kobe Tokiwa University in Japan, welcomed Japanese students to Don Leggett House.



JAPANESE EXPERIENCE

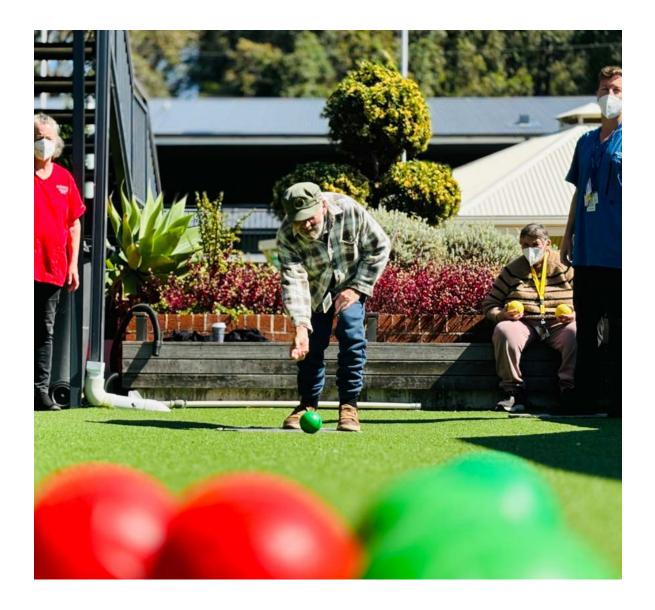




JAPANESE EXPERIENCE

The students also put on a traditional Japanese dance performance, and wrote Love in 'Katagana' calligraphy together. It's clear with the connections made today, language is not a barrier when it is replaced with joy, care and kindness. What a great cultural experience!





GAME OF BOCCE

The sun is shining here on the grounds of Peninsula Villages - a perfect opportunity for Residents to get out in the warm weather and have a game of Bocce. This is a great shot of Bill, one of our more competitive players, finessing the ball for a winning bowl. This game is a favourite when the here sun shines!



THE PIANO MAN!

Bill Ogg has been playing piano all his life in a variety of different bands and he always had his own piano at home for practice and family entertainment. Since recently retuning our piano, Bill has started playing his music for an appreciative audience once again - giving him joy, meaning and purpose. The smile says it all!



Cooinda **NEWS**



We hope you had an enjoyable September as we move into the Spring and Summer months. I have some great news to share! I am sure you have seen our two cabanas which have been erected, one at each end of the Village campus. These are for the pleasure of all residents, to enjoy a nice place to sit and chat.

Cooinda's Christmas party will be held on Sunday 15 December. To enable us to finalise catering, please put your requests in early.

We have had great feedback regarding our new Cooinda News section that debuted in September. Please give us your input for future Pipeline editions.

Thank you and on to another Month.

The Cooinda Village Social Committee

JOKE TIME

You know you are getting old when your back goes out more than you do.

You know you are getting old when the candles cost more than the cake.

At our age, getting lucky is walking into a room and remembering why you went in there.

Cooinda **NEWS**

COOINDA'S MOST SENIOR RESIDENT SHIRLEY MCGRATH



I was born in February at Croydon Park and raised in Bondi. My first job was at Lustre Hosiery. I then took a job at Patricia's Chocolates and one of my duties was a chocolate dipper. Later I became a check out chick at Woolies for over ten years.

During the summer I was mostly at Bondi Beach on the weekends. Dancing was also a love of mine, and most Friday and Saturday nights would be at Peters Corner Dance Hall at Randwick. This is where I met my husband, Vince. He asked me out and from there we became engaged and married in 1949.

We moved to Waterloo and then to Mascot where we had two children, Elaine and Mark, who are still very close to me. We moved to Umina Beach in 1982 and then to Cooinda Village in 2013. Sadly, during that first year I lost my dear husband.

I have been actively involved in the Cooinda Social Club Committee up until this year 2024, when ill health forced me to step down. However, I still attend our functions and sometimes I attend the outings to the local club.

Living at Cooinda has given me more security, happiness and an easy lifestyle and best of all the wonderful friendships I have attained over these years. I am very happy at Cooinda Villages, and – as I have said before - why would I live anywhere else?

Daylight SAVINGS AND WARMER WEATHER



Spring has finally arrived, and we are putting the colder, darker days of winter behind us. As we switch to daylight savings and the weather gets warmer, we will be encouraging the residents to get plenty of sunlight and fresh air with more activities outside.

Once warmer weather arrives, other regularly programmed outdoor activities such as ball games, newspaper reading, garden walks

or exercise programs, will take place in Lavender Bend and Ocean Beach. Residents also regularly enjoy unstructured time in our secured outdoor spaces - reading, birdwatching, visiting with loved ones, or simply relaxing in the sun. Increased exposure to sunny days and vitamin D will especially help residents living with dementia.

Linda Segrott

Memory Support Coordinator

Resident CONTRIBUTIONS

MY BRAIN DOESN'T WORK LIKE IT USED TO! IS THIS DUE TO OLD AGE?

I am fairly sure that I'm not the only resident in the Village who is aware of this embarrassing problem. It seems to happen at times when I am speaking—and suddenly I cannot remember the right word to say. So annoying! I decided to investigate and to discover what the experts say about the problem.

I have tended to put the blame on my memory when I cannot remember something, but there is another suggestion which is more kind. Scientists say that in old age we have had years of life experience, and we know so much that our brain is crammed with knowledge. This is why it takes longer to recall information. They assure us that this is normal in old people. I find this reassuring.

Finally, the well-known problem of going into another room to get or do something and then wondering "what on earth did I come here for"? I have learned that it is not a memory problem. It is nature's way of making older people get more exercise.

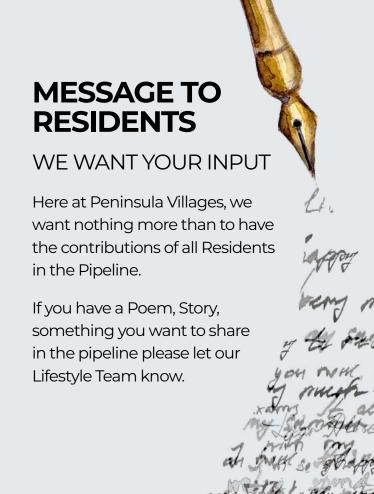
Peter Swain

THE NOISY MINER

Little bird, all black and grey With yellow beak and eye On a she-oak branch she sits Now she hovers, now she tips Clings on only by her wits Till I ask, oh why

Mary Gentile

Pozieres House



Resident IN FOCUS

LORRAINE GASSMAN



My name is Lorraine Gassman and I have recently moved to Peninsula Villages. I can say hand on heart I have found happiness here and every day to me is a blessing.

Due to a stroke in December 2023, I spent a lot of time in and out of hospital and when I first moved to Pam Palmer House I felt broken. That was until I started to meet many friends and get involved in all the activities here. One of those friends is Norm Hutton and he has helped me feel human again and I feel good about life. Norm has given me hope and after many years of challenges, I feel alive.

My family has always been good to me, and I know that my daughter has always got my back.

Staff IN FOCUS

KATHY COWELL | LIFESTYLE



Kathy has been a member of the Leisure and Lifestyle team at Peninsula Villages for 13 ½ years. She is a loyal dedicated worker who is compassionate and caring. Kathy has two daughters; one is an RN at Gosford Hospital and one works in aged care. Kathy also has a 3-year-old Grandson who lives with her and he is her world. Her favourite colour is blue, favourite music is rock and she loves to watch documentaries.

In Kathy's spare time she is a dedicated rock fan who attends many many rock concerts. Some bands she has seen perform live are AC/DC, Bruce Springsteen, Chocolate Starfish, Jon Stevens and Cold Chisel. She has even been on a "Rock the Boat" cruise which features around -the-clock Rock music performed by live bands.

Fun fact about Kathy: she has danced live on stage with Bruce "The Boss" Springsteen. To this day, she has not washed the t-shirt she was wearing in 2017 as Bruce has touched it. I think we could say that was one of the best moments of her life!

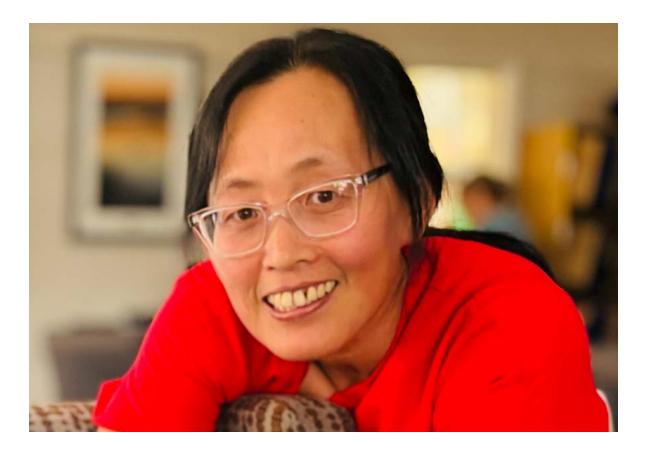




Be sure to chat to Kathy about rock music when you run into her in Don Leggett House - she would be more than happy to participate.

Volunteer IN FOCUS

ANJI



I enjoy walking, being outdoors, going to the beach and walking my dog.

I always think people should be respectful to each other and this is something I always live by.

I have been a volunteer here for quite some time and for the Cancer Council. There I was an assistant accountant, and it was a great experience. It was a great experience when I first came to Australia.

I enjoy listening to others, especially the Residents stories.

I enjoy running the activities and working with the leisure and lifestyle staff. Steve and Narelle are very supportive with the activities I participate in.

Department IN FOCUS

DOMESTIC SERVICES



Peninsula Villages Domestic Service Team are a small group of dedicated and committed staff, working to ensure our resident areas are in tip-top condition.

Staff are allocated to different buildings and areas over varied shifts each day. They enjoy a good rapport with residents and staff and look forward to their interactions with residents.

The domestic services team work to demonstrate the Peninsula Village ICCARE Values.

Julie takes great pride in our Memory Support Unit in DLH and has been a valued Don Leggett House team member for 16 years.

Jo B. has been a Peninsula Villages team member for 19 years and enjoys her daily interactions and friendships with residents in PPH.

Debbie M. is a long serving staff member of 19 years currently ensuring DLH and Pozieres House are at their sparkling best.

The Cleaning Dept also have a few new faces that are getting to know staff and residents, as they strive to make a positive impact on residents at Peninsula Villages.

Church SERVICES



INTERDENOMINATIONAL SERVICE

10:00am in the Tea House

Wednesday, 2 October, Mark

Tuesday, 8 October, David

Wednesday, 16 October, Mark

Tuesday, 22 October, Lesley

CATHOLIC MASS

10:00am in the Tea House

Thursday, 24 October, Alex



ANGLICAN SERVICE

10:30am

Wednesday, 2 October Rosemary, POZ

Wednesday, 16 October Rosemary, POZ & DLH

BIBLE STUDY

2:00pm in Leggett House

Wednesday, 2 October, Sheila

Wednesday, 16 October Sheila

Let's CELEBRATE

OCTOBER BIRTHDAYS

PAM PALMER HOUSE

4th Melda Bradley

10th Elieen Crawford

101 years old

10th Bob Hughes

14th Jan Taulaigo

15th Kitty Patterson

100 years old

21st Faye Bartlett

PENINSULA VILLAGES ILU

4th Peter Swain

10th Deborah Clinton

26th Sylvia Tull

28th Joy-Anne Masiewicz

COOINDA VILLAGE

4th Lynne Daniel

9th Dianne Hutchinson

10th Jenny Tillitt

DON LEGGETT HOUSE

13th Linda Walker

19th Nancy Warton

20th Betty Lane

POZIERES HOUSE

4th Lynette Chislett

5th Judy Clarke

8th Lynette Prica

9th Barry Boland

14th Grahame Dalzell

16th John Fielding

18th June Jepsen

22nd Alice Jones

29th Colleen Witts

31st Edna McGrath



Our FRIENDS



WELCOME NEW FRIENDS

PAM PALMER

Col Barrow
Jennifer Fitzroy
Louis Harris
Stanley Keene
Anne Weir

DON LEGGETT HOUSE

Judith De Vivo Leonard Player Helen Alder John Welsh Dawn Ingram Loraine Bevan

POZIERES HOUSE

Zena Newbold
Christine Garrett
Yvonne Fussell
George Jones
Paulene White
Janice Cunningham
Arshalouse Blair



FRIENDS FOREVER IN OUR HEARTS

PAM PALMER HOUSE

Miklos Kosztyo

DON LEGGETT HOUSE

Gail Verrell Betty Gaut Lucy Roy Helen Holding

POZIERES HOUSE

Madge McManus
Betty Laybutt
Duro (George) Banjanac
Dorothea Ford
Lynette Laws

Just for FUN

JOKES



- 1. What is a flower's favourite kind of pickle? A daffo-dill.
- 2. Why is the letter A like a flower? Because a B comes after it!
- **3.** How do you plant a kiss in spring? **With two lips.**
- 4. When is it impossible to plant flowers? When you haven't botany.
- Why couldn't the little flower ride a bike?It didn't have any petals.
- **6.** I just opened a flower shop. **Business is blooming.**

- 7. What's the best flower for a boy to give on Mother's Day?
 A son-flower.
- 8. Did you hear about the flower who went on a date with another flower?
 It's a budding romance.
- What type of flower do you plant in the dark?A light bulb.
- **10.** Why did the farmer bury his money? **To make his soil rich.**

Just for FUN

WORD SEARCH

| E | E | G | 0 | 0 | S | Ε | В | U | M | P | S | R |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| E | N | Н | Α | U | G | Н | Q | U | Α | S | С | J |
| S | В | R | U | E | R | A | M | T | Н | G | | Ν |
| U | W | L | E | T | Н | G | I | N | D | I | M | G |
| 0 | Е | K | Α | T | Z | G | 0 | P | S | K | S | R |
| Н | R | R | T | С | N | Z | Н | E | C | С | Q | Α |
| D | E | U | G | V | K | Α | Н | 0 | R | Α | Е | ٧ |
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| T | 0 | R | E | T | T | R | Α | 0 | Α | T | | Y |
| N | L | S | 0 | | Α | M | S | T | K | S | Р | A |
| U | F | M | W | W | В | E | W | В | 0 | С | M | R |
| Α | S | D | D | F | F | F | F | F | F | F | Α | D |
| Н | M | 0 | N | S | T | Ε | R | S | F | D | V | J |

BLACK CAT
COBWEB
GHOST
GOOSEBUMPS
GRAVEYARD

HAUNTED HOUSE JACK-O-LANTERN MIDNIGHT

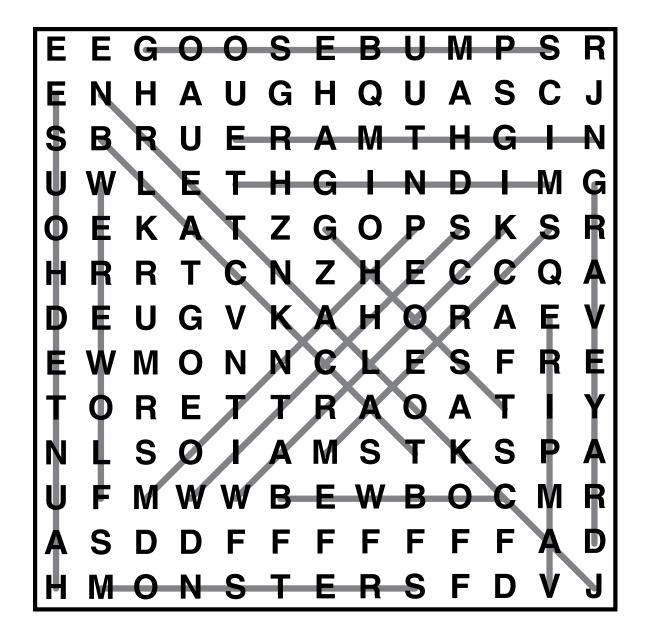
MONSTERS
NIGHTMARE
PHANTOM
SCREAM
VAMPIRE

WARLOCK WEREWOLF WITCHES



Compliments of Lovatts Crosswords & Puzzles Answers can be found on page 35

Just for Fun ANSWERS



Onsite **HAIRDRESSERS**

DAYS AND TIMES FOR OUR ONSITE HAIRDRESSERS



ANNE Phone 0414 532 660

MONDAY 9am - 5pm Palmer House (by appointment only)

WEDNESDAY 9am - 5pm Palmer House (by appointment only)

THURSDAY 8am - 5pm Palmer House

FRIDAY 8am - 5pm Palmer House



JULIA Phone 0466 984 341

TUESDAY 9.30am - 3pm Pozieres House

THURSDAY 9.30am - 3pm Don Leggett House

Village NOTICEBOARD



You can pick up your loyalty card from our Kiosk. Just buy five cups of coffee and the sixth cup is free.

CENTRELINK
PHONE NUMBER
FOR ANY ENQUIRIES
132 300

O2 4344 9199
peninsulavillage.com.au
agedcare@penvill.com.au



EMERGENCY PLANS

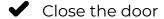
Peninsula Villages has Emergency Procedures which are a written set of instructions that outline what staff, residents and visitors should do in an emergency.

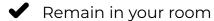
In the case of any emergency residents and visitors will be notified via the fire alarm or by staff.

The following is the procedure to follow when the fire alarm sounds:

DO NOT PANIC!

FIRE ALARM SOUNDS





Await further instructions from staff

SMOKE IN UNIT

- Ring your nurse call bell.
- Leave the unit.
- Close the door.
- Go to the nearest lounge area.
- Await staff instructions.

If the fire alarm sounds - do not use the lift.



The Older Persons Advocacy Network (OPAN) is made up of nine state and territory network member organisations. We help you, your family and carers to exercise your rights and work through issues you may be experiencing with your aged care.



Call us on: 1800 700 600

8am - 8pm Monday to Friday. 10am - 4pm Saturday. For more information scan the QR code or visit: opan.pub/01

Support

Free, independent and confidential advocacy support to help you raise issues with aged care

Information

Information about aged care service provision, referrals and rights

Education

Free education sessions online or in person



FEEDBACK FORM



| First Name | | Phone | | | | | |
|--|-----------------------------------|------------------|--------------|--------------|------------|--|--|
| Last Name | | Email | | | | | |
| | |] | | | | | |
| Date Reported | | Consumer | Relative | Staff Membe | er Other | | |
| My Re | elationship to Peninsula Village: | Consomer | Keldiive | Sidii Meribe | | | |
| | | Compliment | Complaint | Request | Suggestion | | |
| | I am Filing a: | | | | | | |
| Provide details | of the event below: | Event D | ate: | | | | |
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| Whatauta | anna /a ara vav banina ta sabi | 2 | | | | | |
| what out | come/s are you hoping to achie | ever | | | | | |
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| | | | | | | | |
| | Yes No | | | _ | Yes No | | |
| Is this a re-occ | urring issue? | Do you require o | a response i | n writing? | | | |
| Signature of person providing feedback: | | | | | | | |
| Thank you for taking the time to provide your feedback. Please return this form to reception or to a Nurses' station | | | | | | | |
| Manad Reco | rd ID #: | Date | Logged: | | | | |
| Receipt of Fe | edback Acknowledged by: | | Do | ite: | | | |
| | | | | | | | |



We'd love your feedback!

How to provide your feedback:

Provide your feedback to Peninsula Villages by:

- completing the Feedback form
- in person to any manager
- by writing to agedcare@penvill.com.au
- by phoning 02 4344 9199 and asking to speak to the Executive Assistant
- In writing by mail to: The Chief Executive Officer, Peninsula Village, 91 Pozieres Ave, Umina, NSW, 2257.

Do you need support or advocacy to assist you with providing feedback:

Contact OPAN on 1800 700 600 or opan.org.au

OPAN can help older people understand and exercise their rights.

Would you like to make an external complaint about the care or service provided at Peninsula Villages:

• Contact the Aged Care Quality and Safety Commission via 1800 951 822 or agedcarequality.gov.au/making-complaint